



RCTV Memoria

Rehabilitation Centre for Torture Victims



2014 ACTIVITY REPORT

Chisinau

Republic of Moldova

OUR WORK

REHABILITATION & ASSISTANCE

MEDICAL

The medical assistance was focused on the physical after-effects of torture. Following diagnosis by a general practitioner, the needed external referrals were provided for consultations with relevant medical specialist and for diagnostic investigations. Then needed, patients received free of charge medications.

PSYCHOLOGICAL & PSYCHOTHERAPY

Psychological assistance was performed through: 1) Identification of beneficiaries' problems and needs through interviews and psychological tests; 2) Documentation of cases using the approved tests; 3) Providing psychological counseling and other support to improve their psycho-emotional status; 4) Initiation, performing and monitoring of the individual and group therapeutic sessions; 5) Participation at the co-therapy sessions and informative meetings for our beneficiaries; 6) Monitoring and evaluation of the patients' psychological problems with management of the cases; 7) Use and development of the multidisciplinary team work principles, in order to assure a positive psychological climate and a high efficiency of each team member. Mental Health Department professionals used the following evaluation tools: Hamilton Depression Scale, Taylor and Hamilton Anxiety Scales, Beck Depression Scale, Harvard Trauma Questionnaire (Cambodian revised version, in our translation and adaptation) and other tests.

SOCIAL

The SOCIAL ASSISTANCE was focused on the following activities: 1) determining eligibility and assessment of clients' individual needs after registration in working list; 2) social counseling and support in the solving of their problems; 3) providing of needed information about the existent available services and opportunities; 4) helping beneficiaries to

obtain assistance or compensations from some of the state institutions; 5) counseling and support in finding a job or an occupation. Our Social Assistant has been involved in the selection of eligible beneficiaries and registering in working lists, as well as in the case management, drafting or adjustment of the general intervention plans for clients. The needed support in increasing of social functioning depends on the problems faced by our clients.

LEGAL

During 2014 the legal assistance was focused on: 1) beneficiaries' counseling and the monitoring of the legal status; 2) monitoring and mapping of the evolution of the cases started against the perpetrators; 3) cooperation with other NGOs and lawyers who assisted our beneficiaries and/or represented them in Courts; 4) legal counseling and legal supervision of cooperation and communication with other institutions. Legal counselor offered the needed support to clients and their relatives, according to their specific needs and monitored their legal status. In cooperation with their lawyers and other NGOs developed the defending strategies for our clients. The needed counseling, the analysis of documents and situation of the cases, the preparation of the needed petitions and claims in various instances, or the support in getting appropriate attorney lawyers, have been continuously provided. The needed consultations were also offered to our beneficiaries who sent their complaints to ECtHR on art.3; or in the negotiation process upon the communication of their cases to Moldovan Government.

MEDICAL DOCUMENTATION

RCTV "Memoria" continuously provided necessary documentation of torture and other degrading treatments cases which was based on the comprehensive model of treatment our institution provides. RCTV "Memoria" is the only institution in Moldova where survivors of torture can receive appropriate medical certification, in accordance with the Istanbul Protocol.

IN 2014

RCTV MEMORIA

Assisted

a total of **485** beneficiaries through comprehensive rehabilitation services

79 new beneficiaries

Medical Assistance

3856 in-house visits by the medical staff

2283 external references, **17** expensive and more informative investigations

Psychological Assistance

1621 in-house visits by the psychotherapist

1119 visits by the psychologists

472 psychotherapy sessions, **547** counselling sessions, **74** co-therapy sessions, **728** psychological tests

Social Assistance

1577 visits to our social worker, **1498** Comprehensive conversations were conducted, **390** questionnaires for evaluation of satisfaction degree

233 beneficiaries received clothes in cooperation with the Pentecostal Cult, **26** beneficiaries benefited from the services of the "Infostudio" social barbershop

Legal assistance

91 consultations, **12** petitions, and **52** persons were assisted by the legal advisor

Documentation

24 extracts from medical files released for Courts and other instances

RCTV Memoria
15 Years of Activity

OUR WORK TORTURE PREVENTION & CAPACITY BUILDING ACTIVITIES

The outcomes of the project “SAY “NO” TO TORTURE AND IMPUNITY IN MOLDOVA AND “YES” FOR A BETTER LIFE FOR MINORS FROM DETENTION”

13 June - "Professional deformation and emotional burning phenomena in the prison' environment. Self confidence as a factor in professional success" workshop

4 July - "Development of skills on Assertive communication" and "The Emotional self regulation" workshop

17 and 21 July - "Conflict Management. Conflict resolution through negotiation" workshop



10 July - "Self confidence. Developing of the skills to cope with stress" training for juveniles

14 July - "Building a better world by developing the emotional intelligence» training

22 July - “The world of professions”. Seminar on Vocational orientation

29 July - “Assertive Communication in the family and society. Conflict Management” training

1 August - “The rights and commitments of persons in the society”

4 “Clubs of interest” for juveniles were organized:

- The Club “the Photographic art
- The Club “The magic wood”
- The Club “Skilled hands”
- The Club “The art will save the world”

12 August - The closing Roundtable





OUR WORK TORTURE PREVENTION & CAPACITY BUILDING ACTIVITIES

30 April – RCTV Memoria staff together with Amnesty International Moldova commemorated victims of torture and maltreatment which occurred in April 2009.

3 April - *Commemorative Conference* - 5 years since April 2009 events.

14 June - entire team of RCTV Memoria in cooperation with Amnesty International Moldova and other NGOs participated at the *March against impunity*

20-26 June - RCTV “Memoria” team joined the *Against Torture International Campaign* writing meaningful messages against Torture and Impunity

24 June – “Torture in Moldova – Impunity and the Right to Rehabilitation” *Conference*

26 June - RCTV “Memoria” organized a *meeting* for its beneficiaries and friends

26 June – “International Institutions Representatives” *informative tour*

26 June – “State Institutions Representatives” *informative tour*

12 August - project "Say "NO" to torture and impunity and "YES" for a better life for minors in detention", *round table* in order to finalize the project

14-25 September – Mental Health staff participated in the International Conference

1 October – “Nobody left behind: promoting an equitable society for all” bee for elderly people performed during the campaign “Age requires action!”

29 October – “Self-Care” *training for staff* provided by Amber Gray, The Centre for Torture Victims, Minnesota, USA

25 November – RCTV Memoria team said STOP VIOLENCE supporting victims of domestic violence

29 November – RCTV Memoria team took part in the *National Green Day* together with our partners Charity Centre for Refugees, UNCHR.

2014 - RCTV Memoria published the book "*I want to dream and fly again*". Collection of testimonies.

2014 - „*10 steps toward society*” brochure was published.

2014 – weekly activities of the “Traditional Romanian Blouse” Club for domestic violence victims and victims of political repressions.

| ANNUAL INCOME BY DONORS | USD |
|--|---------------|
| OAK Foundation, La Luz/ IRCT Centers Grant Support | 10415 |
| United Nations Voluntary Fund for Victim of Torture (UNVFVT) | 19000 |
| MATRA Program, MFA of Netherlands | 39838 |
| Center for Victims of Torture (CVT), MN, USA/ USAID | 27354 |
| Danish Institute Against Torture, DIGNITY | 23050 |
| CRD Moldova | 13210 |
| TOTAL INCOME | 132866 |

Our donors:

